

CORONAVIRUS (COVID-19)

PREVENTION



Royal Flying Doctor Service

We can all help to slow the spread of COVID-19 by practicing good hygiene, self-isolation, and social distancing.

REGULARLY WASH HANDS



FOR AT LEAST 20 SECONDS WITH SOAP & WATER

AVOID TOUCHING OTHERS



NO HUGS, KISSES, SHAKING HANDS

AVOID TOUCHING MOUTH, EYES AND NOSE



WITH UNWASHED HANDS

SOCIAL-DISTANCING

(AT LEAST 1.5 METRES) & AVOID GROUPS

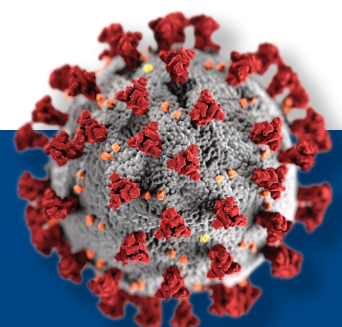


COVER MOUTH

WITH SLEEVE WHEN COUGHING /SNEEZING



All infectious diseases can be controlled. Coronavirus is no exception. Follow advised hygiene and social distancing protocols and help stop this virus.



> FOR MORE INFORMATION GO TO www.flyingdoctor.org.au or www.health.gov.au